

# White Muscle disease

## NUTRITIONAL MUSCULAR DYSTROPHY | STIFF LAMB DISEASE

White muscle disease (WMD) is a degenerative disease of the heart (cardiac) or skeletal muscles of large animals. It is caused by a dietary deficiency of selenium (Se) and/or vitamin E. It occurs mostly in lambs/kids under six months of age and is commonly seen in newborns (congenital) or fast-growing animals. The disease owes its name to the paleness of the muscles observed at necropsy.

### Risk factors

- Soils deficient in selenium
- Feedstuffs deficient in selenium
- Diets insufficient in selenium
- Rapidly growing lambs/kids
- Sudden exercise

### Clinical signs – Heart

- Still births
- Sudden death (or 2 to 3 days)
- Weakness
- Respiratory distress
- Rapid heart rate

### Clinical signs – Skeletal

- Stiffness, especially hind limbs
- Stiff joints
- Difficulty standing or moving
- Unwillingness to move
- Lethargy
- Pain to the touch
- Trembling
- Recumbency

### Differential diagnoses

- Congenital heart defect
- Joint ill
- Tetanus
- Rickets
- Swayback
- Polyarthritis
- Tick-borne fever
- Toxicities (e.g., ionophore)
- Infectious pneumonia

### Treatment

- Treatment of heart form is rarely successful.
- The muscle form can be reversed with injections of selenium and/or vitamin E (early intervention).

### Prevention

- Quality mineral/vitamin supplement year-round.
- Selenium/Vitamin E preparations
- Supplementation of dam's ration in late gestation
- Injectable selenium is a poor substitute for a proper diet.
- Injections (Rx) for high-risk animals.

In adult animals, selenium/vitamin E deficiencies cause reproductive disorders including abortion, retained placenta, poor conception rates, and chronic disease.



Bo-Se<sup>®</sup> is prescription (Rx) drug.

Selenium is transferred across the placenta to the fetus. It is also present in the colostrum. While Vitamin E is not transported across the placenta, colostrum levels increase with dietary supplementation. The FDA regulates selenium supplementation in livestock.

